

20th Annual DOMESTIC VIOLENCE AWARENESS VIRTUAL LUNCHEON

Featuring “Define the Fight” with Mariah Prussia



Mariah Prussia is the owner of MPX, LLC, 2020 North Dakota American Mother of the Year, 2015 PFP Top 15 Personal Trainers in the U.S., Fargo’s First Sanctioned Professional Female MMA Fighter, a Published Writer in AreaWoman Magazine, Radio Show Host of the “Throw Down,” and single mother of two boys.

She was honored to have the “Prussia” documentary based on her life story. It went on to win the Upper Midwest Emmy Award for the best topical film.

Mariah’s mission as a domestic violence survivor is to help empower, educate and teach individuals how to define their fight through motivational speaking, women’s self-defense and community outreach.

Wednesday, October 14 | 12 - 1 pm | Virtual Event

Visit www.alexandriamn.org for registration link.

2 - \$25 Chamber Buck Drawings! Must be “present” to win.

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